



## BLUE ENERGY FREQUENTLY ASKED QUESTIONS

### **How is bHIP packaged?**

bHIP is available in single serving drink mix packets. bHIP Global will soon be launching cutting edge technologies and delivery systems that have never been seen before.

### **Can diabetics take bHIP Energy?**

All diabetics should first consult their primary care physician before taking bHIP Energy or any dietary supplement. bHIP Energy contains 24 calories, 2 grams of sugar, and no artificial stimulants. All diabetics should review the contents of bHIP Energy just as they would any other food or supplement.

### **Why is there no caffeine in the green tea leaf that is in bHIP Energy?**

There are several variations and qualities of Green Tea Leaf. bHIP Energy uses EGCG (Epigallocatechin gallate), which is found in Green Tea, and has been shown to help stimulate certain neurotransmitters that signal the body to increase energy expenditure. In addition, EGCG is one of nature's most powerful antioxidants. It has been shown to be 100 times more powerful than vitamin C at mopping up free radicals that cause cell damage, and 25 times stronger than vitamin E. EGCG is so popular that millions of dollars are being spent around the world to further research the benefits of this amazing antioxidant. bHIP Global uses a Green Tea that is specifically standardized for EGCG content. This unique processing method makes the Green Tea 'decaffeinated'. The benefits of Green Tea in bHIP Energy synergistically work with the proprietary formula and are directly linked to the EGCG.

### **Is bHIP Energy safe for children?**

bHIP Energy's all natural proprietary energy is an herbal clean energy. It contains all natural ingredients and no artificial sweeteners or stimulants. One packet (9.3 grams) is recommended for an average adult male. You may wish to reduce the amount consumed according to body weight and age. Youths ages 12 - 18 may take bHIP Energy with a limited serving size based on age and weight.

### **What are the key metabolic enhancers in bHIP Energy?**

The metabolic enhancers are a proprietary blend of herbs, some that have been used for over 2000 years. The magic is in the formula working synergistically with the amino acids creating the experience of clean energy. Also, one of the energy producing ingredients is Guarana, which contains a substance known as theobromine - similar in chemical

composition to the molecules found in chocolate. This is a natural occurring caffeine, and creates a very nice, non-jittery energy. bHIP is a natural formula that works faster, lasts longer, and is healthier for you!

### **What are the benefits of the appetite control in bHIP Energy?**

We have seen a significant increase in accelerated weight loss, as well as no cravings, because bHIP Energy feeds the body with a multitude of nutrients

### **How safe is bHIP?**

All of the ingredients in bHIP are Generally Recognized As Safe (GRAS) as outlined under the Food and Drug Administration. There are no known toxicity issues with the proprietary bHIP Energy.

### **How often should I drink bHIP?**

For best results, two servings per day are recommended - once in the morning and once in the afternoon, or any other time you want to boost energy and focus. You can increase or decrease the potency based on taking more or less than one serving at a time.

### **What will I feel after drinking bHIP Energy?**

Many people experience an increase in energy and alertness within 6 – 10 minutes of taking bHIP. For others it may take a few days to notice a difference.\*

Many people feel an increase in mental clarity, motivation, and a heightened sense of awareness. It creates natural occurring energy within your body.

\* Individual results will vary.

### **What's in a serving of bHIP?**

Proprietary Herbal Clean Energy Blend: Resistant Maltodextrin (Fibersol-2), Amino Acid Blend (L-aurine, L-lysine, L-arginine, L-glutamine, L-glycine, L-tyrosine, L-leucine, L-isoleucine, L-valine), Malic Acid, Guarana Extract, Green Tea Leaf Extract, Ginseng Root Extract, Maca Root Extract, Quebracho Extract, White Willow Bark Extract, Glucuronolactone, Acai Berry Extract, Mandarin Extract, Orange Extract, Aloe Vera Concentrate

2000% + RDI of vitamin B12, 1000% of vitamin B6, 300% of vitamin C, 200% of niacin, 100% of folic acid

24 calories, 0 calories from fat, 6g total carbohydrates (2g sugars, 1g fiber), 10mg sodium.

Other ingredients: maltodextrose, fructose, stevia leaf extract, natural flavors, natural colors

Powerful Antioxidant Blend

Note: QTY is based on 9.3 g powder formula.

### **Who should use bHIP Energy?**

Those that want to bHIP . . . Anyone can use bHIP to boost energy, strengthen the immune system, enhance metabolism, increase focus, and boost weight loss efforts. People with active lifestyles use it for a healthy boost in energy and concentration, while people suffering from fatigue find it gives them more energy to get through the day. Athletes find bHIP a great performance booster and recovery aid. bHIP is a category creator and has been developed for everyone to enjoy.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Consult a qualified health care practitioner before consuming or applying any substance for medical purposes.***